

ANG TANLAG

THE OFFICIAL E-BULLETIN OF THE ROTARY CLUB OF METRO CEBU

MAY 2024

VOL. 13



Metro Cebu
Rotary
Club



CREATE HOPE
in the **WORLD**



PROGRAM

ROTARY CLUB OF METRO CEBU RI DISTRICT 3860, CLUB NO. 17123

Casino Español, Ranudo Street, Cebu City
Every 1st and 3rd Wednesday of the Month, 12NN

WELCOME TO OUR BI-MONTHLY REGULAR MEETING!

- | | |
|---|----------------------------------|
| 01. Call to Order by Pres. Glenda M. Antonio | 07. Fellowship Singing |
| 02. Invocation, Anthem and Rotary Hymn | 08. Talk of the Guest Speaker |
| 03. The Four Way Test | 09. Secretary's Report |
| 04. The Rotarian Pledge | 10. President's Time |
| 05. Introduction of Guest and Visiting Rotarians | 11. Other Matter |
| 06. Induction of New Rotarians | 12. Adjournment |

Fellowship Continues



PEACE BUILDING AND
CONFLICT PREVENTION



DISEASE PREVENTION
AND TREATMENT



WATER, SANITATION
AND HYGIENE



MATERNAL AND
CHILD HEALTH



BASIC EDUCATION
AND LITERACY



COMMUNITY ECONOMIC
DEVELOPMENT



ENVIRONMENT

INVOCATION

Lord, we come to you today asking for your guidance, wisdom, and support as we begin this meeting.

Help us to engage in meaningful discussion; allow us to grow closer as a group and nurture our bonds through fellowship.

Fill us with your grace, Lord God, as we make decisions that might affect the community, and members of our club.

And continue to remind us that all that we do here today, all that we accomplish, is for the pursuit of truth for the greater glory of You, and for the service of humanity.

We ask these things in your name.



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DEVELOPMENT



ENVIRONMENT



PHILIPPINE NATIONAL ANTHEM

LUPANG HINIRANG

Bayang magiliw
Perlas ng Silanganan
Alab ng puso
Sa dibdib mo'y buhay

Lupang Hinirang
Duyan ka ng magiting
Sa manlulupig
'Di ka pasisiil

Sa dagat at bundok
Sa simoy at sa langit mong bughaw
May dilag ang tula
At awit sa paglayang minamahal

Ang kislap ng watawat mo'y
Tagumpay na nagniningning
Ang bituin at araw niya
Kailan pa ma'y 'di magdidilim

Lupa ng araw ng luwalhati't pagsinta
Buhay ay langit sa piling mo
Aming ligaya na 'pag may mang-aapi
Ang mamatay ng dahil sa iyo



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DEVELOPMENT



ENVIRONMENT

ROTARY HYMN

I want to be a Rotarian for the world,
 Make the Rotary flag be a flag of peace unfurled;
 I will serve my community,
 Help achieve universal unity.
 Through Rotary, I shall dedicate my all,
 World understanding shall be my cherished goal.

Refrain:

With the Four Way Test
 I'll pursue my quest
 And if I, in a way help obtain
 Peace in the world

I shall not have lived in vain.
 I'll observe service above self,
 Lend a hand to all who need my help;
 I'll get my spouse to involve in Rotary
 And in Rotary ways I will train my family.

Refrain:

With the Four Way Test
 We'll pursue our quest
 And if we, in a way help obtain
 Peace in the world
 We shall not have lived in vain.

Build a bridge for tomorrow's youth,
 Strengthened by nothing but the truth;
 Let's join our hands, there's no reason we'll divide.
 We shall all understand, while the good Lord is our guide.

Refrain:

With the Four Way Test
 We'll pursue our quest
 And if we, in a way help obtain
 Peace in the world
 We shall not have lived in vain.

Peace be achieved,
 We shall not have lived... in vain.



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 CONFLICT PREVENTION



DISEASE PREVENTION
 AND TREATMENT



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 AND HYGIENE



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 CHILD HEALTH



BASIC EDUCATION
 AND LITERACY



COMMUNITY ECONOMIC
 DEVELOPMENT



ENVIRONMENT



THE FOUR-WAY TEST

Of the things we think, say, or do

The Four-Way Test is a nonpartisan and nonsectarian ethical guide for Rotarians to use for their personal and professional relationships.



PEACE BUILDING AND
CONFLICT PREVENTION



DISEASE PREVENTION
AND TREATMENT



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BASIC EDUCATION
AND LITERACY



COMMUNITY ECONOMIC
DEVELOPMENT



ENVIRONMENT

THE ROTARIAN'S PLEDGE

I am a Rotarian.
I will always uphold the **truth**.

I am a Rotarian.
I will always strive to be **fair** in all my dealings with my fellow human beings.

I am a Rotarian.
I will always endeavor to build **goodwill** and **understanding** in my community.
Among my countrymen, and among peoples of all nations.

I am a Rotarian.
I will always seek to promote the greatest good for the greatest number of people in the spirit of **Rotary service**.

I am a Rotarian.
I will always observe Rotary International's motto:

SERVICE ABOVE SELF.



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DISEASE PREVENTION AND TREATMENT



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ENVIRONMENT



CLUB OFFICERS AND DIRECTORS RY 2023 - 2024

CLUB OFFICERS

RY 2023 - 2024

| | |
|------------------------------|-----------------------|
| President: | Glenda M. Antonio |
| Vice-President: | Evelyn T. Nuñez |
| Secretary & President Elect: | Ma. Emma A. Ramas |
| Asst. Secretary: | Nicole Clare C. Justo |
| Treasurer: | Marjorie Bernardo |
| Asst. Treasurer: | Bart Van Oost |
| Auditor: | Adrian Lee |

BOARD MEMBERS

RY 2023 - 2024

| | |
|--------------------------|--------------------------|
| 1. Dr. Josefina Zabate | 6. Bart Van Oost |
| 2. Dr. Glenda Antonio | 7. Arch. Jonathan Zabate |
| 3. Atty. Evelyn Nuñez | 8. Dr. Wyben Briones |
| 4. Ma. Emma Ramas | 9. Robert Tito Pacana |
| 5. Dr. Marjorie Bernardo | 10. Lambert Lim |



PEACE BUILDING AND
CONFLICT PREVENTION



DISEASE PREVENTION
AND TREATMENT



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BASIC EDUCATION
AND LITERACY



COMMUNITY ECONOMIC
DEVELOPMENT



ENVIRONMENT

CLUB COMMITTEE CHAIRS RY 2023 - 2024

| | |
|---|---|
| 1. The Rotary Foundation | Chair: Dr. Wyben Briones Co-Chair: Dr. Marjorie Bernardo |
| 2. Membership | Chair: Roberto Tito Pacana |
| 3. Protocol & Fellowship | Chair: Lambert Lim |
| 4. Public Image/DEI | Chair: Elcasmer Acedo Co-Chair: Vera Cruz |
| 5. Club Administrator | Jonathan Zabate |
| 6. Service Projects and International Affairs | Dr. Josefina Zabate |
| 7. Disease Prevention | Dr. Wyben Briones |
| 8. Maternal and Child Health | Dr. Josefina Zabate |
| 9. Peace and Conflict | Atty. Eddie Barrita and Ernesto Dakay |
| 10. Basic Education and Literacy and Empowering Women | Atty. Evelyn Nuñez |
| 11. Water Sanitation and Hygiene | Dr. Susan Valmayor |
| 12. Community and Economic Development | Marcelo Anthony Igot |
| 13. Environmental Concerns | Dann Diez and Ma. Emma Ramas |
| 14. Disaster and Relief | Jonathan Zabate |
| 15. Election Chair | Atty. Eddie Barrita |
| 16. Ways and Means | Florita Hall |



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CONFLICT PREVENTION



DISEASE PREVENTION
AND TREATMENT



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CHILD HEALTH



BASIC EDUCATION
AND LITERACY



COMMUNITY ECONOMIC
DEVELOPMENT



ENVIRONMENT

DISCON DAVAO 2024

May 3-4, 2024

Hope Creating Year
 Rotary Club of Metro Cebu

Day 1

The mission of Rotary International is to provide service to others, promote integrity, and advance world understanding, goodwill, and peace through its fellowship of business, professional, and community leaders.

Rotary members believe that we have a shared responsibility to take action on our world's most persistent issues, we work together to:

- Promote peace
- Fight disease
- Provide clean water, sanitation, and hygiene
- Save mothers and children
- Support education
- Grow local economies
- Protect the environment



Day 1 - Fellowship Night



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 CONFLICT PREVENTION



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 AND TREATMENT



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 AND LITERACY



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 DEVELOPMENT



ENVIRONMENT

DAY 2

Morning- Plenary Sessions

The Impact of Rotary's Collective Call to Action on Health and Vocational Training

Hon Isko Moreno, fellow Rotarian shares about leadership and impact on his experience in government.



PDG Philip Tan shares about the experience of Rotary In Nigeria, Spirituality Beyond Rotary, the Africa Experience.



Awards and Citation for Rotary Clubs of District 3860

Gratitude District Gov Twinkle Gamboa and DT Archie Gamboa and the Rotary Club of Metro Cebu. Rotary Club of Metro Cebu, in the collective efforts of the club, its members, officers, board, partners, donors and communities served for the various service projects, paid off with an earned citation from Rotary carried over all - Silver Award covering accomplishments of the strategic goals of the Rotary Year 2023 - 2024 (towards its ending year though we carry on still for the end year is by June 30 yet), Bronze level for the new generation service recognition, RCMC cited for its support to the activities of Rotaractors and of course the impact these resonates to the beneficiaries served in the course of the journey.



We continue our mission with Rotary for the purpose each of one us is called.



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CONFLICT PREVENTION



DISEASE PREVENTION
AND TREATMENT



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CHILD HEALTH



BASIC EDUCATION
AND LITERACY



COMMUNITY ECONOMIC
DEVELOPMENT



ENVIRONMENT



Day 2 - Fellowship Night

Honoring our dynamic District 3860 Governor Twinkle Gamboa and DT Archie Gamboa, the power couple, for enabling all of us to soar high in our collective action to create hope in the world and promote lasting impact to our clubs and the communities we served.

Thank you for leading us to become the best version of ourselves if it is to bring hope to people who needs it the most.

Carry on and more blessings.



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CONFLICT PREVENTION



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AND HYGIENE



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CHILD HEALTH



BASIC EDUCATION
AND LITERACY



COMMUNITY ECONOMIC
DEVELOPMENT



ENVIRONMENT

PILIPINAS ROTARACT MDIO GEAR AWARDS 2024

May 11, 2024

The Rotaract Club of Metro Cebu attended the GEAR Awards 2024 in Pines View Hotel, Baguio City. The GEAR Awards or the Groundbreaking and Excellent Accomplishments of Rotaractors Awards is an annual national event that recognizes the exemplary performance of Rotaract Clubs and Districts in the Philippines.

The Rotaract Club of Metro Cebu received the following awards:

- Exemplary Rotaract Club with GOLD Distinction
- Exemplary Rotaractor in the Philippines (HCP Jan Dale Carlo Catalonia)
- Finalist for the Exemplary Project in Empowering Girls
- Finalist for the Exemplary Project in Collaboration

The Rotary Foundation Recognition

- Paul Harris Fellow Recognition (HCP Jan Dale Carlo Catalonia)
- PolioPlus Society Recognition (HCP Jan Dale Carlo Catalonia)

Special Citations

- End Polio Now Special Recognition
- Celebration of the 55th Anniversary of the 1st Rotaract Club in the Philippines

Present in the event are Hope-Creating Rotaractors Jan Dale Carlo Catalonia, Diohanne Marie Pantoja, Vhon Chrisnan Ganuza, Necca Caballero, and Jan Carla Cabanero.



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CONFLICT PREVENTION



DISEASE PREVENTION
AND TREATMENT



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CHILD HEALTH



BASIC EDUCATION
AND LITERACY



COMMUNITY ECONOMIC
DEVELOPMENT



ENVIRONMENT

REGULAR MEETING

May 15, 2024

We had a regular meeting discussing important matters and upcoming events for the club.



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CONFLICT PREVENTION



DISEASE PREVENTION
AND TREATMENT



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CHILD HEALTH



BASIC EDUCATION
AND LITERACY



COMMUNITY ECONOMIC
DEVELOPMENT



ENVIRONMENT

SHARING HOPE WITH THE WORLD RC METRO CEBU JOINS THE 2024 ROTARY INTERNATIONAL CONVENTION-SINGAPORE.

May 25-29, 2024

The Rotary International Convention in Singapore, May 25 to 29

This year, Pres. Glenda joined for the 3rd time in her Hope Creating Year in Singapore along with RCMC officers and Rotaract Club of Metro Cebu and took her breath away with affirming each year the impact of what Rotary has done collectively around the world. For such a volunteer organization, rotary has shown that once we all are firm with our common purpose for humanity, many possibilities will unfold.

The Rotary International Convention is where you'll find people of action from around the world brainstorming solutions to some of the most pressing challenges and celebrating our works of service that create lasting change. The convention is where you'll renew connections, discover fresh perspectives, and create unforgettable moments and enduring relationships.

See you next year fellow Rotarians around the globe in Calgary, Canada.



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CHILD HEALTH



BASIC EDUCATION
AND LITERACY



COMMUNITY ECONOMIC
DEVELOPMENT



ENVIRONMENT

UPCOMING EVENT

June 12, 2024

RUN FOR THE GIFT OF LIFE YEAR 5

The Rotary Club of Cebu (RCC) is pleased to announce the 5th annual "Run for Gift of Life" fun run, which will take place on June 12, 2024. The purpose of this event is to raise funds for surgical treatment of children from indigent families who are suffering from congenital heart defects.

All proceeds from the run will go directly to our Gift of Life Program, which provides financial assistance to children with congenital heart defects so that they can receive the medical care they need. Since the program's inception in 2007, we have helped over 370 children receive life-changing surgeries.

We invite you to join us for this meaningful event and help us make a difference in the lives of these children. Your participation will not only provide financial support, but also demonstrate our collective commitment to improving the health and well-being of our community.



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 CONFLICT PREVENTION



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 CHILD HEALTH



BASIC EDUCATION
 AND LITERACY



COMMUNITY ECONOMIC
 DEVELOPMENT



ENVIRONMENT

UPCOMING EVENT

June 29, 2024

RCMC AWARDS AND FELLOWSHIP NIGHT

We are inviting all our members to join the Awards and Fellowship Night of our Club on June 29, 2024 at 6PM in Cebu Parklane International Hotel. Lett us celebrate all our club accomplishments for the Hope-Creating Year.



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COMMUNITY ECONOMIC DEVELOPMENT



ENVIRONMENT

PRESIDENT'S MESSAGE

Dear Fellow Rotarians,

Greetings of Peace!

Together, we have embarked on a journey of making a difference in the world, one community at a time. Our commitment to service above self is the cornerstone of our organization, and it is through our collective efforts that we bring about positive change and impact lives.

During the 2024 Rotary International Convention in Singapore, we celebrate our achievements, share our successes, and inspire one another to continue our noble work. As we gather here today, let us remember the power of our collective action and the difference we can make when we work together towards a common goal. Let us be inspired by the stories of service and generosity that we hear, and let us recommit ourselves to being the change we wish to see in the world.

Together, we can achieve great things and leave a lasting legacy of service and compassion. Thank you for your dedication, your passion, and your unwavering commitment to making the world a better place through Rotary.

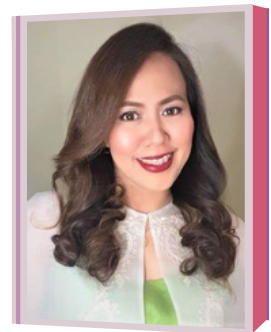
Yours in Rotary,

Dr. Glenda Antonio

President

RY 2023-2024

RC Metro Cebu



PEACE BUILDING AND
CONFLICT PREVENTION



DISEASE PREVENTION
AND TREATMENT



WATER, SANITATION
AND HYGIENE



MATERNAL AND
CHILD HEALTH



BASIC EDUCATION
AND LITERACY



COMMUNITY ECONOMIC
DEVELOPMENT



ENVIRONMENT

Regular Meeting and Board Meeting: May 15, 2024

Our regular meeting was held on May 15, 2024, at our usual venue. The meeting was well-attended, and members discussed various ongoing projects and initiatives. Following the regular meeting, a board meeting was conducted to finalize plans for upcoming events and review the progress of current projects.

Attendance at Rotary International Convention: May 25 - 29, 2024

A few of our members, along with two (2) Rotaractors, had the privilege of attending the Rotary International Convention in Singapore from May 25 to 29, 2024. This event provided an excellent opportunity for networking, learning, and sharing best practices with fellow Rotarians from around the world. The insights and experiences gained from this convention will undoubtedly benefit our club's future activities and projects.

Reflections and Gratitude

As we approach the end of this Rotary year, I would like to extend my heartfelt gratitude to all members for their dedication, hard work, and unwavering commitment to service. It has been a fruitful and service-filled year, and our collective efforts have made a significant impact in our community.

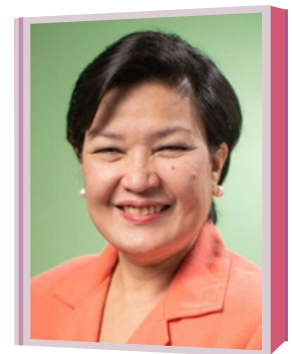
Your participation, whether in meetings, events, or international conventions, has demonstrated the true spirit of Rotary. I am confident that the upcoming Rotary year will be just as successful, and I look forward to continuing our journey of service together.

Thank you all for your continued support and enthusiasm.

Yours in Rotary,

Ma. Emma Ramas

Secretary
RY 2023-2024
RC Metro Cebu



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CONFLICT PREVENTION



DISEASE PREVENTION
AND TREATMENT



WATER, SANITATION
AND HYGIENE



MATERNAL AND
CHILD HEALTH



BASIC EDUCATION
AND LITERACY



COMMUNITY ECONOMIC
DEVELOPMENT



ENVIRONMENT

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